



THE SCHOOL DISTRICT OF
PALM BEACH COUNTY, FL

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INFORMATION ONLY

TO: All Principals

FROM: Cheryl C. Alligood, Chief Academic Officer *CCA*

SUBJECT: 1ST ANNUAL STUDENT MENTAL HEALTH AND WELLNESS CONFERENCE

We are pleased to announce the 1ST Annual Student Mental Health and Wellness Conference to be held on Thursday, June 12, 2014, from 8:00 AM – 4:00 PM, at the Safe Schools Institute, 1790 NW Spanish River Boulevard, Boca Raton, FL 33431. Due to the generosity of our sponsors, lunch will be provided.

This Conference is a collaboration between the School District of Palm Beach County, various Palm Beach County agencies, and individuals committed to the mental health and wellness of students and their families. The Conference will be a full-day professional development opportunity for School District of Palm Beach County educators who are committed to a student-first philosophy and recognize that family engagement matters.

The Conference is designed to attract certified school counselors, school psychologists, SBT members, SwPBS contacts, school nurses, administrators, and any educator that works in support of student mental health and wellness. The focus of the activities will be to provide participants with critical information about successful practices and resources related to student mental health and wellness.

Participants will be provided an opportunity to earn inservice points.

Topics include:

- ✓ Group counseling with elementary aged students
- ✓ How to build a stress resistant school culture
- ✓ Grief and loss
- ✓ Removing barriers to school success for youth caregivers
- ✓ Engaging youth in bullying and dating violence prevention
- ✓ Early identification of mental health and wellness issues
- ✓ Strategies for communicating with parents
- ✓ Trauma training
- ✓ Issues faced by Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) students and their impact on mental health

Registration for the 1st Annual Student Mental Health and Wellness Conference is on the Course Registration site: <http://coursereregistration.palmbeach.k12.fl.us/>.

EWG/CCA/KO/JZE:cm/gv

Approved: _____



E. Wayne Gent, Superintendent